

# Log Cabin Spiral Quilt Tutorial

The **Log Cabin Spiral Quilt Tutorial** is a modern patchwork project made with Half-Square Triangles, also called **HST blocks**. The finished quilt measures about **60 cm x 60 cm**, making it perfect for a wall hanging, table topper, baby quilt accent, or decorative handmade piece.

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## ♥ LOG CABIN SPIRAL QUILT TUTORIAL ♥

Modern Patchwork Quilt – Step by Step

PART 1 OF 2



### ABOUT THIS QUILT

This modern quilt is made using the Log Cabin Spiral technique with half-square triangles (HST) to create a dynamic spiral design. Perfect for using fat quarters or fabric scraps.

### FINISHED SIZE

60 cm x 60 cm

### FABRIC & MATERIALS

- Assorted cotton fabrics (at least 12 different prints)
- Background fabric (light gray)
- Backing fabric: 66 cm x 66 cm
- Batting (thin): 66 cm x 66 cm
- Thread to match
- Quilt ruler, rotary cutter, cutting mat
- Sewing machine
- Iron and ironing board
- Pins or clips

### FABRIC REQUIREMENTS

(All measurements in cm)

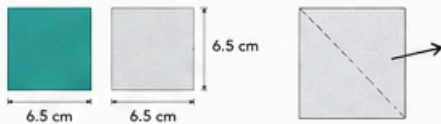
You can use fat quarters (approx. 50 cm x 55 cm) or cut from your scraps.

PIECES	CUT SIZE (cm)
Prints (12-14 different)	6.5 x 6.5 (for HST)
Background (Light Gray)	6.5 x 6.5 (for HST)
Binding	6.5 x Width of Fabric
Backing	66 x 66
Batting	66 x 66

TIP: You will make 48 Half-Square Triangles (HST) 6.5 cm square (finished size 6 cm).

### 1. CUTTING

Cut the following from your fabrics:

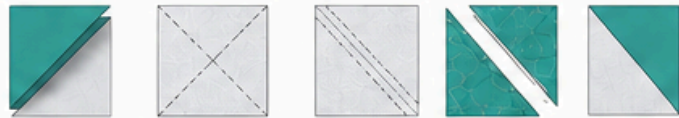


From each fabric, cut squares of 6.5 cm x 6.5 cm.

You will need:

- 24 print squares
- 24 background squares

### 2. MAKE HALF-SQUARE TRIANGLES (HST)



- ① Place 1 print square right sides together with 1 background square.
- ② Draw a diagonal line from corner to corner on the wrong side.
- ③ Sew 0.6 cm (1/4") on each side of the line.
- ④ Cut along the drawn line.
- ⑤ Press open to the dark side. Trim to 6.5 cm square if needed. Repeat to make 48 HST total.

### 3. LAYOUT THE SPIRAL

Arrange the 48 HST in a spiral (log cabin style). The quilt is made in 12 rounds.

- Round 1: 2 HST
- Round 2: 4 HST
- Round 3: 6 HST
- Round 4: 8 HST
- Round 5: 10 HST
- Round 6: 12 HST
- Round 7: 14 HST
- Round 8: 16 HST
- Round 9: 18 HST
- Round 10: 20 HST
- Round 11: 22 HST
- Round 12: 24 HST



TIP: Rotate each HST so the colors flow around the spiral.

### 4. SEW THE QUILT TOP

1. Sew each round (row) together from left to right.



2. Press seams in opposite directions for each row.



3. Sew the rows together from top to bottom.



4. Press the quilt top flat.



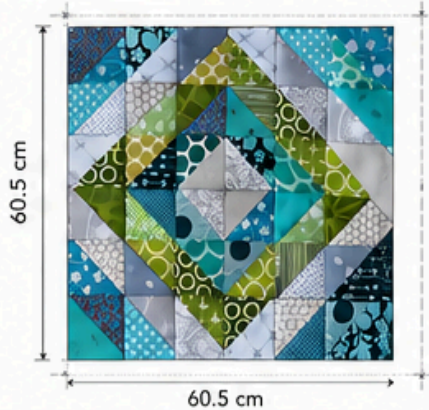
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## 5. TRIM THE QUILT TOP

Square up your quilt top to 60.5 cm x 60.5 cm.

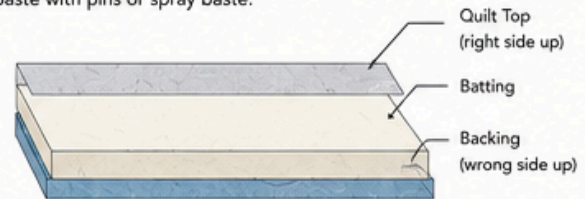


## 6. BASTE THE QUILT

Layer:

1. Backing fabric (wrong side up)
2. Batting
3. Quilt top (right side up)

Baste with pins or spray baste.



## 7. QUILTING

Quilt as desired. Ideas:

- Straight line quilting (echo the spiral)
- Diagonal lines
- Free-motion quilting
- Stitch in the ditch



## 8. BINDING

1. Cut binding strips 6.5 cm wide.



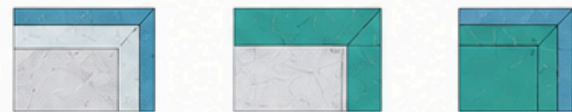
2. Sew strips together end to end, press.



3. Fold binding in half lengthwise, wrong sides together.



4. Sew binding to quilt with 0.6 cm seam allowance.



5. Fold binding to the back and hand stitch or machine stitch.

## 9. YOUR QUILT IS COMPLETE!

Enjoy your handmade modern quilt!



### LEGEND – KEY QUILTING & SEWING METHODS (US TERMS)

**SEAM ALLOWANCE**  
 - - - - 1/4" (0.6 cm)  
 Standard seam allowance used throughout.



**PRESSING**  
 Press seams open or to the dark side for a flat finish.



**HST (HALF-SQUARE TRIANGLE)**  
 Two squares sewn together on the diagonal and cut apart. Used to create the design.



**STITCH IN THE DITCH**  
 Sew along the seam line in the ditch between patches.



**QUILTING**  
 Stitch through all layers (top, batting, backing) to secure.



**BINDING**  
 Finishes the edge of the quilt for a clean look.



You will also need light gray background fabric, backing fabric measuring **66 cm x 66 cm**, thin batting measuring **66 cm x 66 cm**, matching thread, quilting ruler, rotary cutter, cutting mat, sewing machine, iron, and pins or clips.

Use cotton quilting fabric for the best result, because it presses well and keeps the patchwork accurate.

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## Cutting the Fabric

Cut the printed fabrics into **24 squares measuring 6.5 cm x 6.5 cm**.

Cut the light gray background fabric into **24 squares measuring 6.5 cm x 6.5 cm**.

These squares will be used to make **48 Half-Square Triangles**. Each finished HST should measure about **6 cm** after sewing.

## Making the Half-Square Triangles

Place one printed square and one background square together with right sides facing.

On the wrong side of the lighter fabric, draw one diagonal line from corner to corner.

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Sew along both sides of the drawn line using a **0.6 cm seam allowance**, which is about **1/4 inch**.

Cut directly on the drawn line to separate the pieces.

Open each triangle unit and press the seam flat.

Trim each HST to **6.5 cm x 6.5 cm** if needed.

Repeat until you have **48 HST blocks**.

## Arranging the Spiral Design

Lay the HST blocks on a flat surface before sewing.

Start in the center and rotate the triangle blocks so the colors move around the quilt in a spiral shape.

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The quilt is made in **12 rounds**, following the log cabin style:

Round 1 uses 2 HST

Round 2 uses 4 HST

Round 3 uses 6 HST

Round 4 uses 8 HST

Continue expanding outward until all 48 HST blocks are arranged.

Before sewing, take a photo of the layout so you can follow it easily.

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## Sewing the Quilt Top

Sew each row together from left to right using a **0.6 cm seam allowance**.

Press the seams in opposite directions for each row. This helps the seams nest together and keeps the quilt top flat.

After all rows are finished, sew the rows together from top to bottom.

Press the full quilt top carefully with an iron. Do not stretch the fabric while pressing.

## Trimming the Quilt Top

After sewing, square the quilt top.

Trim it evenly to approximately **60.5 cm x 60.5 cm**.

Use a quilting ruler to keep all sides straight and all corners square.

## Basting the Quilt

Create your quilt sandwich in this order:

Backing fabric with wrong side facing up

Batting in the middle

Quilt top with right side facing up

Smooth all layers carefully.

Baste with safety pins, quilting pins, or spray baste to hold everything in place.

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## Quilting the Design

Quilt as desired. Good quilting options for this project include straight-line quilting, diagonal quilting, stitch in the ditch, free-motion quilting, or echo quilting around the spiral. For beginners, straight-line quilting is the easiest option. Sew slowly and keep the quilt flat while stitching.

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## Binding the Quilt

Cut binding strips **6.5 cm wide**.

Sew the binding strips end to end, then press the seams open. Fold the binding in half lengthwise with wrong sides together and press.

Sew the binding to the front of the quilt using a **0.6 cm seam allowance**. Fold the binding to the back and finish by hand stitching or machine stitching.

## Final Result

Your **Log Cabin Spiral Quilt** is complete.



This project combines classic American quilting techniques with a modern spiral layout. The Half-Square Triangle blocks create movement, color flow, and a beautiful handmade patchwork finish.

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